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metroNEWS

Your essential daily news | MONDAY, NOVEMBER 14, 2016

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JEFF HARPER/METRO



HALIFAX HEROES

WE SALUTE HER

Ebony Abe used Air Cadets to volunteer in her community — and is now getting other young people to do the same **metroNEWS**



Police have identified Shakur Oshay Jefferies as the shooting victim. **HANDOUT**

DEADLY WEEKEND

Victim ID'd, charges laid **metroNEWS**



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SYRIA

Trudeau has sweet visit with refugees

A Syrian refugee family who built a chocolate business in Nova Scotia had their product sampled by a special sweet-toothed Canadian — Prime Minister Justin Trudeau.

Tareq Hadhad and his father, Issam, had an unexpected meet-and-greet with Trudeau during his trip to Sydney last week.

A video of Thursday's encounter shows Trudeau embracing both men and calling the Hadhad family "an extraordinary example of the kind of strength and leadership and engagement that comes with bringing new people to Canada."

"He had been following the story for a while," Tareq Hadhad said Sunday in an interview. "He was so excited. When he came,

he knew our names, he hugged us.... It was a very, very special thing for us."

Issam Hadhad ran a chocolate factory in Damascus with around 30 employees, according to his son, and shipped sweets to countries all over the Middle East. Tareq Hadhad says several family members fled to Lebanon after a 2012 bombing destroyed the business his father had built over the course of more than two decades.

After three years in a refugee camp, the Hadhads settled in Antigonish in January, where they were greeted by what Trudeau described to foreign leaders as "a bunch of big-hearted Canadians." THE CANADIAN PRESS

MARGARET DAVIS

Ferry name inspired by quest for justice

A ferry in Nova Scotia has been dubbed "Margaret's Justice" in honour of a 63-year-old widow who fought for the right to her land and won.

Premier Stephen McNeil and the descendants of Margaret Davis participated in a ceremony in Westport christening the ship after the Brier Island heroine Saturday.

In 1828, Davis was at risk of losing her land on the island in Digby County to a neigh-

bour, so she walked around 300 kilometres to Halifax to save her home.

McNeil called Davis's feat "many years ahead of her time" and said her story continues to inspire residents of the island in the Bay of Fundy nearly 200 years later.

The \$9.3-million ferry carries 95 passengers and will begin service between Brier Island and Long Island next month. THE CANADIAN PRESS

“Women heroes are kind of lost in history.... She was a remarkable woman, and she certainly deserves to be celebrated. Cathleen Fillmore, who wrote a book about Margaret Davis's journey



Justin Stanley and Keagan Nickerson have come to Bloomfield Park often just to play ping-pong. ALEX QUON/FOR METRO

Neighbourly feeling

REVITALIZATION

Bringing a community together at Bloomfield Park



In Halifax's north end, an old park is getting a new look thanks to the effort of those who live around it.

On the weekend, more than a dozen volunteers laid out mulch and turned soil in Bloomfield Park so that in the spring, residents might be able to plant berries or trees. It's part of a community-led effort to make

the park a better space for everyone in the area.

Mik Owen is proud of what the neighbourhood has accomplished so far. He's played a large role in organizing the community around the project.

"This came about because 30 years ago some locals realized that having a small park here would encourage families to settle," he said on a sunny Saturday afternoon. "It worked then, and the rejuvenation of the park is having the same effect now."

A large amount of the funding for the park's makeover has come from fundraising in the community. And while the Halifax Regional Municipality has also lent a hand by funding and building the park's play structure, a lot of the manual labour comes from volunteers.

"It's great because you have

“It feels really good to care about a place.

Keagan Nickerson

different ages in the same space with other ages," Jeffery Wilson, an assistant professor at Dalhousie and a member of the community who has helped raise money for the park, said. "It's nice when you know the people who live around you."

At the centre of the revitalization is the custom-built cement ping-pong table that sits in the middle of the park. People from as far away as Spryfield have come just try it out.

But it's not just where people are coming from that delights

Owen, it's who they are.

"Now you can see a mix of generations because of the ping-pong table," he said. "One of our 21-year-old volunteers told us that he chose his apartment because of the table."

Having recently moved into a house across the street, Keagan Nickerson and Justin Stanley are part of the new generation who visit the park.

The two men say that for the past few months, they've come to the park to play ping-pong almost every other day. Both of them say that it has made them care about the area more than anywhere else they've lived.

"I like coming for the (ping-pong) table; I would never be here otherwise," Nickerson said. "Yesterday there was people out here and we cleaned the whole park."

CHARGES

Activist condemns vandalism on rainbow crosswalk

A local gay rights activist has condemned an act of vandalism on a rainbow-coloured crosswalk in New Glasgow.

Gerald Veldhoven, who writes a weekly column in The New Glasgow News that is centred on issues surrounding the LGBTQ community, said the incident is indicative of deep-rooted feeling of intolerance in society.

"This adult man was surely aware of the consequences of this action against the LGBTQ

community of Pictou County, across this province and beyond," he said in a statement.

"The Rainbow Flag and its colourful stripes signify the unity of the LGBTQ community and in fact, is also a call for unity in our diverse society."

New Glasgow Regional Police said that just after midnight on Friday, officers observed an ATV travelling in a dangerous manner in the downtown area of New Glasgow. It is believed the driver of the ATV created

skid marks on the rainbow crosswalk that fronts Glasgow Square.

"The four-wheel vehicle was travelling the wrong way on one-way streets," said Const. Ken MacDonald. "The driver who failed to stop for police was eventually arrested on Forbes Street in New Glasgow."

A 23-year-old man subsequently was charged with operating a motor vehicle while impaired, mischief-damage to property and flight from police.

The man will appear in court in Pictou on Jan. 16.

In a seemingly unrelated incident, New Glasgow police also arrested a 28-year-old man for impaired driving in the downtown area, less than an hour after the ATV incident.

"It's concerning to us," MacDonald said.

New Glasgow's Race-Relation and Anti-Discrimination Committee had asked this summer that the Rainbow Walk be a part of the celebration of di-

versity during Cultural Days.

"This kind of action and vandalism is disturbing, hurtful and is not reflective of our community," Mayor Nancy Dicks said, adding that the crosswalk will be repainted immediately.

Dicks called it an "isolated act of vandalism" and added "our community is united on the importance of eliminating discrimination and developing a culture that is inclusive, welcoming and respectful."

TC MEDIA



The vandalized crosswalk in New Glasgow. TC MEDIA

Man charged in fatal shooting

CRIME

Police also investigating second shooting



Zane Woodford
Metro | Halifax

A 21-year-old man was due in court Monday morning after a shooting over the weekend left another 21-year-old man dead.

Carvel Clayton is expected to appear in court in Halifax on Monday to face the charge after he allegedly shot and killed Shakur Oshay Trevez Jefferies Saturday evening on Washmill Lake Drive.

Jefferies' death was determined a homicide after an autopsy by the medical examiner on Sunday, making him the municipality's 10th homicide victim of 2016.

On Facebook on Sunday, messages of mourning for the young father and former Citadel High School student poured in on Jefferies' profile page.

"Let your wings carry u to paradise my nephew every time I look up I'll see your smile your legacy will live on forever in all of us," reads one post.

"I can't believe someone has taken you away from your family, your friends and most importantly your little boy," reads another.

Police responded to "numerous" 911 calls of shots fired in the area of 610 and 650 Washmill Lake Dr. at about 5 p.m. on Saturday, and found Jefferies' body in the parking lot between the two buildings. Because there were already police in the area for an unrelated vehicle-pedestrian collision, they were able to get to the scene very quickly.

"Any time you are able to get to a scene quickly, it does help," said police spokesperson Wendy Mansfield.

In this case, police had five suspects in custody "shortly after" 5 p.m. Aside from Clayton, police released one suspect Sunday morning, two more Sunday evening, and one 21-year-old man had his parole revoked because of the incident and was returned to the custody of correction services.

Police spent hours securing the apartment building Saturday night, even after the suspects were arrested, and continued to hold the scene on Sunday, with police tape and at least 10 cars around the apartment building at 610 Washmill Lake Dr.

One of the building's residents told Metro that police had said they weren't allowed into the underground parking garage after the shooting because the suspects had run into the parking garage. Mansfield wouldn't confirm whether the suspects ever entered the building.

Police were also investigating a shooting believed to have happened early Sunday morning in Bedford. They were called



Police on scene Sunday at a shooting that left one man dead Saturday night on Washmill Lake Drive in Halifax. JEFF HARPER/METRO

to the QEII at 5:25 a.m. after a shooting victim showed up at the hospital.

The 29-year-old Bedford man was released from hospital early Sunday afternoon, and police were waiting for a search warrant for his house on Redden Court in Bedford to help them figure out if he was shot there or elsewhere.

As for whether the two shootings are connected, Mansfield said investigators were looking into it, "but at this point it doesn't look like they're related."

Rapper accused of murder

The man accused of killing 21-year-old Shakur Jefferies recently released a song in which he called for an end to the gun violence in Halifax after three people were killed in one week this past spring.

Carvel Clayton, 21, is charged with second-degree murder in the Saturday shooting of Jefferies on Washmill Lake Drive in Halifax.

In his song 'Murder (Pray 4 Scotia),' Clayton, who goes by

the stage name Certi or Certified, talked about the growing problem of gun violence in Halifax.

Clayton has toured throughout Canada, and was one of 11 local artists to go to Atlanta, GA last year for a showcase. He recently performed during the Halifax Pop Explosion, and has released multiple mixtapes in recent years. Clayton was due in court Monday.

ZANE WOODFORD/METRO



Carvel Clayton.
INSTAGRAM/@THEREALCERTI

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VOLUNTEER

Air Cadet program encourages future leaders



Yvette d'Entremont
Metro | Halifax

Ebony Abe is only 19, but her leadership is inspiring other young people to become involved in their communities.

The Mount Saint Vincent University student was nominated as a Halifax Hero by 292 Halifax Fairview Branch 142 Royal Canadian Air Cadet Squadron.

Abe joined the air cadet program when she was 13. She now volunteers with the squadron as a Level 1 Officer responsible for new 12- and 13-year-olds who join the program.

Capt. Craig Moore, standards officer for the Halifax Fairview air cadet squadron, said they wanted to recognize Abe's contribution.

"Ebony's strong leadership and team-building skills, combined with the passion for the program and community building shows to our new youth and it keeps them coming back," Moore said in a media release.

Abe said it was important for her to stay involved with the cadet program after graduating because she wanted to share with other youth all the benefits it brought to her life.

"When I first started I was very shy and very quiet and very passive and I didn't really have my voice, but over time with these courses, I was able to find my voice," she said.



Ebony Abe joined the Air Cadets at the age of 13, and now wants to 'give back,' which she does to a new group of recruits. JEFF HARPER/METRO

"I want youth be more active in the community since there are so many things going on and to also be aware of volunteering...It's important to be active since it makes you a better person and it's great for citizenship."

She said volunteer opportunities are plentiful in her air cadet unit, and range from garbage cleanups to selling poppies.

"I volunteered within the program and that sparked my interest to volunteer not only

"The cadet program has done so much for me, and the least that I can do is help other youth experience the same kinds of moments that I did. Ebony Abe

in the program but also outside of it at school, the food bank, and other places," she explained.

"My job is to get them involved. We learn the basics and hopefully create the leaders of tomorrow."

Abe was a staff cadet in Greenwood, N.S. for two summers, responsible for the training and well-being of young cadets. She also volunteers a few hours each week at the Fountain Play Centre at Mount Saint Vincent University where

she is a full-time student.

She is applying to enrol as an officer in the Cadet Instructors Cadre of the Canadian Armed Forces, where she will receive training, and a few paid days a month, to further enhance her skills for working with youth in the Cadets Canada program.

"I think of my volunteer work as kind of like my thank you."

"It's kind of corny but I think of it as my way to give back," she said.

+ HELP PICK A HERO

Nominate someone

Each week, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email philip.croucher@metronews.ca, Metro Halifax's managing editor, or Tweet @metrohalifax using the hashtag #HalifaxHeroes

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#WomenOnBoards

A four-part Metro special focus

'No reason boards can't be 50/50'

EQUITY

Gender parity lacking beyond federal cabinet, analysis shows



Ryan Tumilty
Metro | Ottawa

Prime Minister Justin Trudeau's concise "Because it's 2015" explanation of why it was important to him that an equal number of men and women make up his cabinet gave many people hope that gender parity would extend beyond his ministry.

But an analysis by Metro reveals federal Crown corporations still have a way to go before their boards are comprised of as many women as men.

There are a total of 399 appointees spread out across the various boards of directors of the 42 federal Crown corporations. Of those, 135 appointees — or 34 per cent — are women.

Some fare better than others when it comes to the number of women on their boards. Women hold eight of the 10 seats on the Canadian Museum for Human Rights' board of directors. Over at the International Development Research Centre, seven of the 12 board members are women.

Two Crown corporations — the Canadian Dairy Commission and the Laurentian Pilotage Authority — have no



women on their boards.

Many others — including highly influential Crown corporations such as the Bank of Canada (which has four women on its 15-person board) and the Canadian Mortgage and Housing Corporation (which has two women and three vacancies

on its 12-person board) — are made up of mostly men. The federal cabinet appoints board members to Crown corporations, typically to multi-year terms.

Raymond Rivet, director of media affairs with the Privy Council Office, said changing

the makeup of the boards is something the government is working on.

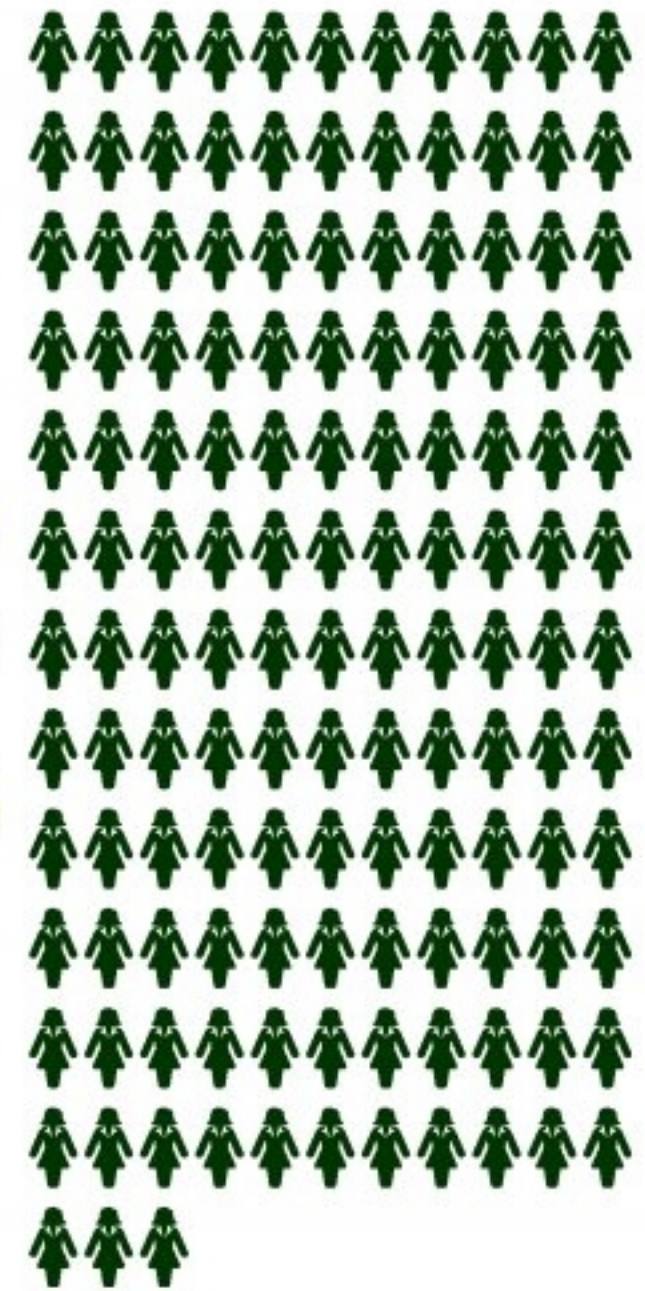
"To help the government achieve these goals, the Privy Council Office works with the responsible ministers' portfolio departments and organizations to help ensure that recruitment strategies and outreach are aligned with these objectives," he said in an email.

"Candidates for (board) positions complete an online profile, where they provide information on their second official language proficiency, and voluntarily self-identify as a member of an employment equity group," he said.

Economic Development Minister Navdeep Bains introduced a bill earlier this year, C-25, which if passed will require publicly traded companies to disclose the gender makeup of their boards.

Neither Bains nor Status of

There are a total of **399** seats on Crown corporation boards and **135** women and **264** men currently occupying those seats. That's almost **two men** for every woman



WHAT YOU CAN DO



The federal cabinet appoints new directors to Crown corporation boards when positions open up. You can advocate for more diversity by contacting your MP and with the hashtag **#WomenOnBoards**.

ABOUT THIS SERIES

THIS WEEK Metro will look closer at the Crown corporations that the federal government oversees, which **our analysis shows are overwhelmingly male**.

Many of these Crown corporations have huge influence on the lives of Canadians, from the interest rates they pay banks, to mail delivery to airport security.

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+ AT A GLANCE

Some Crown corporation boards fare better than others.

Boards without any women:
 Canadian Dairy Commission
 Laurentian Pilotage Authority

Boards with a majority of women:

Canadian Museum for Human Rights
 Federal Bridge Corporation
 National Arts Centre
 International Development Research Centre

Panama Papers cause huge probe

TAX EVASION

85 Canadians investigated for hiding cash offshore

Eighty-five Canadians identified in the Panama Papers Leak are now being investigated for tax evasion, the Canada Revenue Agency has revealed.

Details of Canada's enforcement effort were provided to Torstar News Service the same week the U.K., which is a major hub of the offshore finance world, said it has launched reviews into 65 suspected tax cheats based on the leaked documents.

"The CRA will ensure that all Canadian taxpayers identified from the Panama Papers are pursued," wrote spokeswoman Jelica Zdero in an email.

These numbers represent the first results of a \$444-million investment in the CRA's

enforcement capacities, announced in April, days after the massive leak of offshore corporations and trusts.

The CRA confirmed that it had reviewed more than 2,600 records from the Panama Papers, but declined to discuss how it obtained the documents or whether it paid for them, as some European tax agencies have done. It did say that it obtained tens of thousands of supporting documents from foreign govern-

ments and court orders to aid the investigations.

To date, 60 formal audits have been launched into Canadians identified in the leaked database of Panamanian law firm Mossack Fonseca.

The CRA also said it has executed search warrants and



The CRA will ensure that all Canadian taxpayers identified from the Panama Papers are pursued. CRA spokeswoman Jelica Zdero

launched criminal investigations, but declined to be more specific. "In order to ensure the integrity of our criminal investigative work and to respect the confidentiality provisions of the acts we administer, the CRA does not comment on an investigation that it may or may not be undertaking," CRA spokeswoman Lisa Damien wrote in an email.

Canada loses an estimated \$6 billion to \$7.8 billion in tax



On the left, J28 is in robust and pregnant. A year later, on the right, she and her calf appear thin. VANCOUVER AQUARIUM

'The population is not going to recover'

For an endangered species of killer whales, the loss of a young female has some experts worried that the population may reach a point where it stops growing.

There are only 80 killer whales among the southern residents — a clan of orcas that lives in the waters off southern B.C. and Washington State — and the death of each female is a lost opportunity to increase the pod. Ken Balcomb, senior scientist for the Centre for Whale Research, said the recently deceased orca called J28 follows a trend of females dying late in pregnancy or not long after giving birth.

"This has got to stop," he said. "The population is not going to recover if we don't have reproductive females."

J28 gave birth to a male calf last year. Researchers noticed something was wrong last January, Balcomb said, when she began losing weight. The 23-year-old orca died in October — her calf also looked thin, and Balcomb said his survival without a mother was unlikely.

J28's body was not recovered so the cause of death is uncertain, but Balcomb suspects inadequate food and toxins are to blame. THE CANADIAN PRESS

IN BRIEF

Would-be Tory leaders clash

A two-hour debate Sunday among nine rivals for the federal Conservative leadership often morphed into an autopsy of the party's ill-fated 2015 election campaign. Candidates clashed over whether to make party membership free, called for a more positive message to Canadians and lamented the party's failure to master social media.

"We need to build a much bigger Conservative party," MP Michael Chong said. THE CANADIAN PRESS

Huge moon on Monday

Canadians may want to turn their eyes to the night skies on Monday if they want to see the moon pass closer to the Earth than it has in almost 70 years.

According to NASA, the "supermoon" will be the closest full moon to earth since 1948, and it won't be as close again until 2034. The moon was expected to be at its closest just before dawn on Monday, and almost equally as visible Sunday and Monday nights.

THE CANADIAN PRESS

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Trump picks chief of staff

U.S. POLITICS

Republican honcho given top White House position

President-elect Donald Trump named Republican Party chief Reince Priebus as White House chief of staff and conservative media owner Stephen Bannon as his top presidential strategist, two men who represent opposite ends of the unsettled GOP.

In bringing Priebus and Bannon into the White House, Trump is making overtures to both traditional Republican circles and the party's anti-establishment wing, which helped fuel the businessman's political rise.

Priebus has deep ties to GOP congressional leaders, particularly House Speaker Paul Ryan. Bannon previously ran the Breitbart website, which was fiercely critical of Republican



Reince Priebus
THE ASSOCIATED PRESS

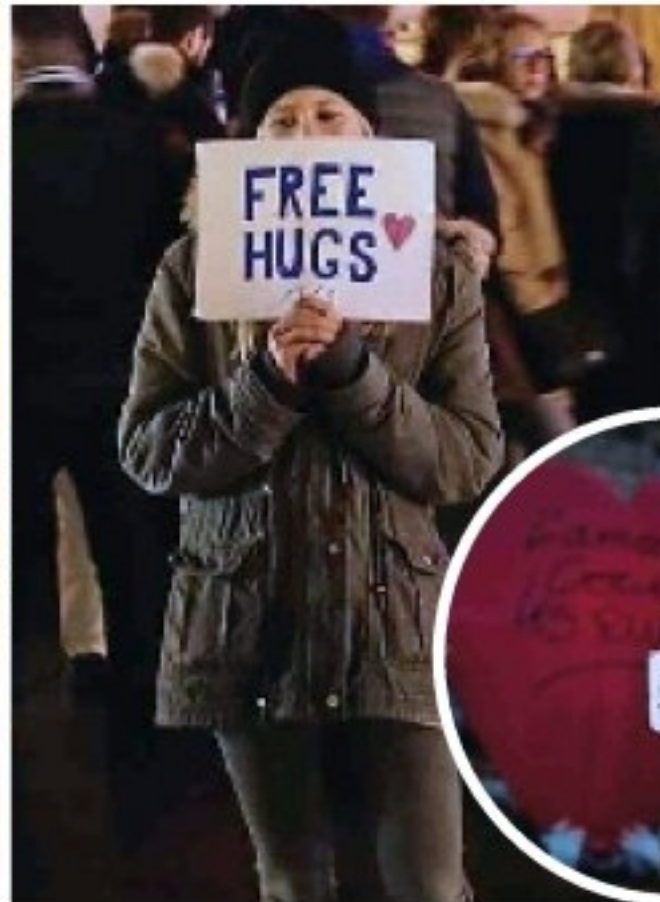
leadership, including Ryan.

Bannon was notably given top billing in the press release announcing the appointments, a curious arrangement giving that White House chief of staff is typically considered the most powerful West Wing job.

Under Bannon's tenure, the Breitbart site pushed a nationalist, anti-establishment agenda and became one of the leading outlets of the so-called alt-right — a movement often associated with white supremacy and a defence of "Western values."

THE ASSOCIATED PRESS

metro IN PARIS



PHOTOS BY LANCE MCMILLAN/FOR METRO

Remembering the lost, one year later

Lance McMillan
For Metro in Paris

Despite the city still being on high alert, many in Paris weren't deterred from coming out to vigils to remember the lives were taken one year ago.

At Place de la République, people holding signs saying "free hugs" waited for anyone who was in need of an embrace — many were.

Outside the Bataclan, which only just re-opened Saturday to a sold-out Sting concert, visitors lit candles and left

flowers.

Across the street from the concert hall, a piano was rolled out for anyone who wanted to play a tune for the crowds that had gathered. Mistakes didn't matter here. The emotions that exuded from every song overwhelmed

the senses and brought many to tears.

The most moving moment came as one woman played the late Leonard Cohen's Hallelujah as strangers locked arms with each other and swayed back and forth while singing along.

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A road in Wellington is riddled with fissures on Monday. ROSS SETFORD/SIPA/ASSOCIATED PRESS

New Zealand hit by deadly quake

A powerful earthquake struck New Zealand's South Island early Monday, killing at least two people, damaging buildings and infrastructure, and prompting warnings to people along the coast to move to higher ground to avoid possible tsunami waves.

The magnitude 7.8 earthquake struck just after midnight in a mostly rural area that's dotted with small towns. Near the epicenter, it opened up snaking fissures in roads and triggered landslides.

It caused damage in Wellington, the capital, more than 200 kilometres to the north. It was also strongly felt to the south in the city of Christchurch, which was devastated by an earthquake in 2011 that killed

185 people. Residents said the shaking went on for about three minutes, and was followed by a number of strong aftershocks.

Police said one person died in the small coastal town of Kaikoura and another in Mt. Lyford, a nearby ski resort. There were also reports that several people had suffered minor injuries in Kaikoura, police spokeswoman Rachel Purdom said.

The quake completely cut off road access to Kaikoura, said resident Terry Thompson, who added that electricity and most phones were also down in the town of 2,000, a popular destination for tourists taking part in whale-watching expeditions.

Thompson was out of town

but managed to reach his wife by cellphone during the night before her phone died.

"She said the glass exploded right out of the double ranchslider," he said. "The neighbour's chimney was gone, there were breakages and things smashed everywhere."

Prime Minister John Key was travelling to Kaikoura to survey the damage Monday afternoon. The prime minister said waves of about 2 metres hit the coast but the tsunami threat had since been downgraded to coastal warnings.

He said authorities had no reason to believe the death toll would rise above the two reported fatalities.

THE ASSOCIATED PRESS

Grocery shoppers getting pickier as prices fluctuate

FOOD

Ontario tops list of bargain hunters, B.C. in last place

The price of cauliflower has dropped from \$8 a head in January, and prices for sirloin steak and ground beef were down in September relative to last year, but see-sawing grocery prices have left Canadians feeling pickier about what they buy, according to new research.

"The average consumer will come into a grocery store with a much different mindset than just last year," said lead researcher Sylvain Charlebois, professor, Faculty of Agriculture, Dalhousie University.

"The market is much more dynamic: people are looking at prices, they are looking at bargains."

In fact, 70 per cent of 1,004 respondents across Canada said they have become more price-

conscious due to food price fluctuations over the last 12 months. Nearly 60 per cent said they are looking for deals

the price volatility, but Ontarians topped the list of regions

tives to what they normally purchase, compared to 23 per cent in last-place British Columbia, and 66 per cent of Ontario respondents reported stocking up on sale items, compared to 39 per cent in Northern communities, which placed last.

Statistics Canada reported in October that the Consumer Price Index of food purchased from stores fell 0.9 per cent in September, the first month of deflation since early 2008, according to retail analyst Peter Sklar, BMO Capital Markets.

Sklar said indicators seem to be pointing to continuing deflation at Canadian grocers but he does not think the trend will be prolonged.

Sklar is also forecasting more promotional activity at grocery stores in Canada as they continue to compete against mass merchants like Walmart and Costco.

TORSTAR NEWS SERVICE



Grocery shoppers who said they have become more price-conscious over the past year

more often and 57 per cent said they are stocking up more often on sale items.

Charlebois said he thought shoppers in economically challenged regions like the Prairies, Alberta and the Maritimes would have reacted the most to

when it came to some bargain-hunting behaviours.

In Ontario, 55.5 per cent of respondents reported actively searching for cheaper alterna-



Donald Trump's adult children Ivanka, Eric and Donald Jr., seen with Melania Trump, left, are on the executive committee of the President-elect's transition team. THE ASSOCIATED PRESS

POLITICS

Trump can't put kids 'out of work': Adviser

Rudy Giuliani, a top adviser to U.S. President-elect Donald Trump, says it would be "unrealistic" to purge his children from his businesses and hand their control over to a trustee.

Appearing on televised interviews on Sunday, Giuliani initially said Trump should set up "some kind of blind trust." When pressed, Giuliani told CNN's State of the Union that Trump's unusual situation might call for more flexibility than a traditional blind trust and involve his three children.

"I think he's in a very unusual situation," Giuliani said. "He

would basically put his children out of work" if he didn't involve them, Giuliani said.

Giuliani said Trump's three adult children — Ivanka, Donald Jr. and Eric — who are involved in his businesses would not advise Trump once he becomes president in January. All three children are, however, on the executive committee of Trump's transition team.

Giuliani said after the inauguration "there will have to be a wall" between Trump's children and Trump "with regard to government matters."

THE ASSOCIATED PRESS

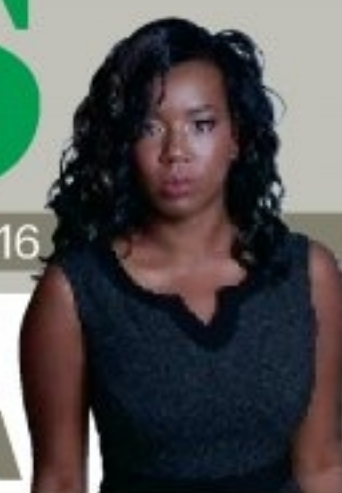
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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION

I held the door open for someone at a very busy chicken place and then they cut in front of me in line. Do I accept this?

Dear Ellen,

Whenever possible, I hold the door for people, but at my local Portuguese barbecue chicken place, the line is always long and the service (unlike the chicken) leaves a bit to be desired. The last two times I went, I reached the door a millisecond ahead of the next patron, and both times I held the door open, and let them enter before me. But neither time did the other patron say anything like "You held the door; of course I won't go ahead of you in line." No, both times they happily let my door holding allow them to be served ahead of me. In total, I lost several minutes to my door manners.

Do I need to hold the door when I can see it leading to inconveniences? And am I wrong to think that people shouldn't use door-holding as an excuse to add to the frustrations of the person kind enough to hold it?

Door Holder

Dear Door Holder,

There's something about people cutting into a line that brings out the child in some of us — possibly because it harkens back to that horrifying childhood moment when we realize the world is not fair. Our loss of innocence begins on the day we find out that, even if we behave properly and follow the rules, no one

After the vitriol of the U.S. campaign, I realized how stupid I was to get mad at people who cost me a few nanoseconds.



can guarantee we'll get the justice we deserve.

I personally find it enraging when people crowd onto the streetcar ahead of me after I've politely queued behind everyone who was there before me. It's also super annoying when you're at the supermarket checkout with one item, and someone with a full cart dives ahead of you.

I'm ashamed to admit how much time I spend thinking up "cutting" remarks that will shame them into better manners, which would be ironic since the remarks I come up with would be blatantly rude.

Believe it or not, the U.S. election last week improved my attitude. Regardless of whose side you were on, I'm sure most people felt trepidatious, even up here in Canada, as to what would happen.

So I was hyper-aware of everyone around me as I set out to pick up a Metro News from the corner box, and walk to my local café. I had to dodge the usual late-for-work drivers wheeling through right-hand turns without looking and pedestrians weaving all over the sidewalk as they stared at their phones. But I dodged them without my usual sense of angry indignation. After all the

nasty vitriol of the campaign, followed by Hillary's gracious high-road concession speech, I realized how stupid I was to get mad at people who cost me a few nanoseconds here and there.

If you want to be polite, you have to accept that sometimes it can result in inconvenience. What I see when you open the door, stand aside and generously let someone else go ahead of you in line is a generous and well-mannered person who is making the world a better place.

Need advice?
Email Ellen:
scene@metronews.ca

VICKY MOCHAMA

Glamour magazine defines 'woman' in mysterious ways

The era of women is over.

"What era?" you ask.

"I can't hear you over this buzzing sound," I would answer. The buzzing sound is thousands of women opening up Glamour magazine to find that Bono from popular iPhone band U2 is one of their Women of the Year.

"Is Bono a woman?" you ask.

"Bono is not a woman," I would answer. I know this because I am a woman. And Bono doesn't know our secret handshake.

None of this matters to Cindi Leive, Glamour's editor-in-chief, who said, "The idea that a man who could select any cause in the world to call his own, or no cause at all, is choosing to work, and not just for one night or at a special event, but consistently day after day and month after month on behalf of women, is incredibly cool and absolutely deserves applause."

Bono's anti-poverty work is deserving. His philanthropic range is admirable: Product RED, the ONE campaign, making Paul Martin seem cool.

Still, and maybe it's just nitpicking, but he's not a woman. What Glamour sees as overdue recognition is irritating.

First, Bono identifies as a man. He just does. Call him your man of the year. Invent a word (may I suggest GlamMan?) but don't confer the honour of womanhood on him when he neither needs nor wants it. We

needn't condescend to men.

This seems like the start of a troubling pattern. Are human women passé now? Is there some kind of fatigue with corporeal female beings? When the UN named Wonder Woman as their ambassador, we should have known that it was the beginning of the end.

I haven't checked the statistics, but a quick survey of the women I know shows that they haven't been recognized as a Glamour Woman of the Year. Even if we are running out of women, there are at least a few left who haven't been recognized. Or maybe we are out of women. Surely someone would have noticed if the global population of women were rapidly declining.

We should be cautious in how we reward men who work on behalf of women. For every Bono, there are likely thousands more women working in decidedly unglamorous conditions who will go unrecognized. Even in Bono's case, there are so many women who make it possible for his work to even have any impact — African grandmothers for one.

As women from different political backgrounds contend with the Hillary Clinton loss, the spotlight should stay on the women who do the tough, uphill and unglamorous work of advocating for women's lives.

Let's be wary of giving men a standing ovation when human women still barely get a round of applause.

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Living for tomorrow instead of just today

Daniel and Emily Teo set up their own financial systems in order to avoid pitfalls with money. As a result, they have paid off their student loans, travelled and bought property in Toronto. The engineers share their tips for fellow millennials on a personal finance blog called Urban Departures. CONTRIBUTED

PERSONAL FINANCE

Getting by in life 'paycheque to paycheque' a growing reality

Melissa Dunne
For Metro Canada



Even Drake hardly uses the phrase YOLO (you only live once) anymore, but many of his fellow Canadians still subscribe to the motto when it comes to their finances.

A new survey from the Financial Planning Standards Council (FPSC) found that 35 per cent of respondents said "they live for today and let tomorrow take care of itself."

Numbers show Canadians really do seem to be living for today, with little thought given to how they will pay for tomorrow. A staggering 40 per cent of the survey respondents said if they lost their job or other main source of income, they

would only have enough money to continue paying their living expenses for four weeks or less, and 19 per cent said they would run out of money after just one week.

Kelley Keehn, FPSC's consumer advocate, does not advocate taking a YOLO attitude towards finances. The Gen Xer encourages millennials to start young, and aim to have about six months of living expenses saved up for that inevitable rainy day.

For those looking to pay for some professional help, Keehn suggests going to findyourplanner.ca to find a certified financial planner. There are also many free online tools available, added the author of nine books on finance.

"You really need to have a solid financial plan," said Keehn in a phone interview.

HAVE SOME PRUDENCE

About one in four respondents to the FPSC survey said they worry "almost constantly" about money. Bridget Eastgaard, 30, used to be no different.

BY THE NUMBERS

40%

If they lost their job, 40 per cent of Canadians would only have enough money to live on for four weeks or less.

19%

According to the Financial Planning Standards Council, 19 per cent said they would run out of money in just one week.

When the Calgarian was in university her mind was preoccupied with her growing debt. While the millennial was able to land a full-time job shortly after graduation, she didn't know how to dig herself out of about \$20,000 of student debt.

"I literally Googled 'how to

pay off student loans,'" said Eastgaard in a phone interview.

It turned out she was a quick learner and was able to pay off her debt in just 22 months, by working full time, plus doing tutoring on the side.

She became so passionate about finances that she eventually went back to school to get a degree in finance and now works full time on her business, the blog Money After Graduation.

Fellow millennials Daniel and Emily Teo, also have a passion for finance.

The two engineers/bloggers of the personal finance blog, Urban Departures, use what Daniel, 31, calls "systems."

"We have better things to do with our time, so we set up systems," said Daniel, a dad to two kids under four, in a phone interview.

The systems include having a budget, tracking the budget, looking at the statistics and understanding the trends, explains Daniel. This strategy has worked quite well for the Teos, who over the past decade have



After paying off her student loans in just 22 months, Calgarian Bridget Eastgaard became passionate about finances. She now runs a blog titled Money After Graduation. CONTRIBUTED

paid off their student loans, travelled, and bought property in Toronto.

If you happen to be a millennial millionaire like Drake, you can likely live the YOLO motto every day, every day ... while a team of professionals manages your substantial finances for the future.

For the rest of us mere mortals it's perhaps wise to amend The Six God's lyrics to: YOLOBYMLFALTSHSFP —You Only Live Once (But You Might Live For a Long Time) So Have Some Financial Prudence.

Not quite as catchy as the original motto, but certainly more practical.

Don't avoid financial messes you've made

PERSONAL FINANCE

Move forward by facing fear, embarrassment head on

Gail Vaz-Oxlade
For Metro Canada



Have you ever seen the movie *The NeverEnding Story*? The majority of the story takes place in the parallel world of Fantasia, a world being destroyed by *The Nothing*. As *The Nothing* creeps across the land, everything is consumed, leaving behind desolation and emptiness. The protagonist is a young warrior, Atreyu, who is charged with finding a way to stop *The Nothing*.

I've met people who have *The Nothing* in their lives when it comes to their money. They are living in a miasma of inaction, the desperation of their circumstances paralyzing them.

They're afraid to look too closely at the mess they've made because that'll crystallize just how dire their circumstances really are. Sometimes they feel helpless. They even avoid seeking help because they're too embarrassed by the mess they've made to fess up and get help.

If you're sure that what you're doing now isn't working for you, then it's time to make some changes. For as long as you remain mired in *The Nothing*, you will be eaten by the misery you're feeling.

Face *The Nothing* head on and you will not only overcome the fear and the embarrassment, you'll no longer feel helpless. You'll be moving forward.



Set aside the excuses you've been using for why you're in a mess, like, "Gail, I want to make things better, but I just don't know where to start. How can I take money out for the jars if I'm always in overdraft?" ISTOCK

It won't happen quickly. It'll take time. And effort. It took time to make the mess, so it'll take some serious effort to fix what's broke.

Set aside the excuses you've been using for why you're in a mess, like, "Gail, I want to make things better, but I just don't know where to start. How can I take money out for the jars if I'm always in overdraft?"

I get this question all the time. Hey, does being in overdraft stop you from buying groceries? I don't think so. And that's the money you're putting in the food jar. Using the jars isn't about finding extra money, it's about taking the money you'd normally spend out of the bank

(yes, even off your overdraft) and putting it into your jars, then not spending any more than that.

Eventually, if you've done a budget and you're cutting back on your expenses, you'll have the money to pay off that overdraft because you're watching where your money goes and you're focused on getting rid of the overdraft.

Here's another excuse I hear frequently: "I can't figure this out. I just don't really have a brain for money. It's too hard. Where can I go to get someone to help me?" You don't own a pen and a piece of paper? You can't add and subtract?

So many people see the math of money as overwhelming. It

isn't. It's Grade 5 math. Seriously. Grade 5. Stop with this excuse!

You can change your life. You can work out your money problems. But you have to want to do it. And you have to be willing to get off your ass and do the hard stuff it takes to figure out where you are and where you want to go.

If you let your sense of being overwhelmed, your lack of time, or your waning willpower get in the way, *The Nothing* will eat you.

For more money advice, visit Gail's website at gailvazoxlade.com

BARGAINS

Haggling: The worst they can do is say no

Pete Breese remembers seeing a leather jacket he wanted to buy — but not pay full price for — in a store when he was a teenager, so he asked for a discount and walked away with his new purchase shortly after.

"Ever since then, I realized that you can haggle just about anywhere," he said — and he says he's continued to do it "all the time."

It may seem like haggling is confined to car dealerships, Kijiji sales and travels abroad, but that doesn't have to be the case. Few prices are non-negotiable, say seasoned hagglers, and people shouldn't fear asking for a discount most anywhere so long as they follow the proper bargaining etiquette.

"There's always room," says Mohammed Halabi, director and founder of *MyBillsAreHigh.com*, which negotiates down the cost of individual and business phone, Internet and TV plans.

The only exceptions, he quips, are gas and hydro bills.

All other companies — like furniture retailers, hotels or electronics dealers — are fair game, he says.

"There's room for those places to, you know, either sweeten up the deal or get a reduction in cost," says Halabi. Instead of a price cut, consumers could ask a hotel for a free upgrade or petition a telecom provider to add in more data without an extra fee.

To secure any deal, though, a customer must first ask for one, and there are some ways to help ensure that goes smoothly.

The best way for someone start a negotiation is for them to mention how much they love an item, says Breese, who now owns *Eclectic Revival*, a vintage and custom lighting store in Toronto, where it's acceptable to bargain rather than just pay what's scrawled on the price tags.

"When I see somebody being enthusiastic about a piece, (it)



Few prices are non-negotiable, say veteran bargain hunters like Pete Breese. ISTOCK

is definitely going to soften my heart," he says.

A polite demeanour is also a must. Recently, Breese stopped engaging with a man who repeatedly demanded he sell an item for \$100 less than its price after he had already said the most he was willing to drop it by was \$75.

On the flip side, trying to bring down the price by pointing out flaws on an antique is likely to backfire, he says, because it could offend the seller, who is likely aware of any nicks already.

But not everyone wants to start a negotiation, and anxiety around haggling is common.

Breese says there's little reason to feel nervous about haggling — a conversation that typically takes only a few minutes in his shop.

"The worst thing they can say is no." THE CANADIAN PRESS

THE TOP 6@6 LAST NIGHT ON 101.3 VIRGIN RADIO:

- 6 The Weeknd ft. Daft Punk
Starboy
- 5 Twenty One Pilots
Heathens
- 4 Hedley
Can't Slow Down
- 3 Halsey Steinfeld ft. Zedd
Starving
- 2 Bruno Mars
24K Magic
- 1 Ariana Grande
Side To Side



SOCIAL MEDIA

'Crazy' to say Facebook influenced election

Facebook CEO Mark Zuckerberg says the idea that fake news spread on Facebook influenced the outcome of the U.S. election is "crazy."

Still, the majority of Americans (six in 10) say they get at least some news from social media, mostly Facebook, according to the Pew Research Center. While a lot of this news comes from established outlets — whether CNN or BuzzFeed News — misinformation spreads on Facebook just as information does, shared by users, recommended by software and ampli-

fied by both.

Sources of spurious information have ranged from news articles produced by "content farms" for the sole purpose of getting clicks, to "hyperpartisan" sites from both sides of the political spectrum, churning out stories that are misleading at best.

Case in point: "FBI agent suspected in Hillary email leaks found dead in apartment murder-suicide" — a fabricated headline from a fake news site called the *Denver Guardian*, was shared thousands of times in the days leading up to the election.

Is it possible that voters were swayed for or against a candidate, much like those same people might buy a product after seeing an ad on Facebook? Zuckerberg says voters deserve more credit.

During an interview Thursday with *The Facebook Effect* author, David Kirkpatrick, Zuckerberg said the idea that people voted the way they did because of bogus information on Facebook shows a "profound lack of empathy" for supporters of Trump. "Voters make decisions based on their lived experience," he said. THE ASSOCIATED PRESS



Facebook CEO Mark Zuckerberg. LLUIS GENELLUIS GENE/AFP/GETTY IMAGES

Borussia Dortmund's Hans-Joachim Watzke says "it was no joke" and "not a marketing move" to have Usain Bolt practise with the Bundesliga team



Cowboys running back Ezekiel Elliott had 209 yards from scrimmage against the Steelers on Sunday. JUSTIN K. ALLER/GETTY IMAGES

Zeke zones in on TDs

NFL

Elliott scores three majors, hot Cowboys melt Steelers

Ezekiel Elliott and the Dallas Cowboys just keep on rolling. Not even a fake-spike special from Pittsburgh Steelers quarterback Ben Roethlisberger could derail the hottest team in the NFL.

Elliott ran for 114 yards and two touchdowns — both in the final two minutes — and had an 83-yard catch-and-run for

SUNDAY In Pittsburgh

35 COWBOYS **30** STEELERS

a score as the Cowboys pulled off a thrilling 35-30 victory on Sunday night for their eighth straight win.

Dak Prescott overcame an early fumble to pass for 319 yards and two scores for Dallas (8-1), which matched the longest single-season win streak in club history behind the two rookies who hardly seem to be bothered by the stage. Dez Bryant added

six catches for 116 yards, including a 50-yard touchdown reception.

Roethlisberger threw for 408 yards and three touchdowns. Antonio Brown caught 14 passes for 154 yards, including a 15-yard score with 42 seconds left after Roethlisberger faked a spike in an attempt to surprise the Dallas defence.

The heady play — a throwback to Hall of Famer Dan Marino's move while leading Miami to a victory over the New York Jets in 1994 — gave the Steelers (4-5) a one-point lead.

It also gave Prescott and Elliott too much time.

Prescott deftly led the Cow-

boys to midfield. A facemask penalty on Pittsburgh's Ross Cockrell moved the ball well within field goal range. It ultimately didn't matter. Elliott sprinted 32 yards up the middle as a sizable portion of the largest crowd to ever watch a Steelers home game roared.

Cowboys veteran QB Tony Romo practised during the week but spent Sunday afternoon the same way he spent every other one this season: in street clothes watching Prescott do his thing.

Elliott's 83-yard TD reception was the longest by a Dallas running back since Herschel Walker raced 84 yards against Philadelphia in 1986. THE ASSOCIATED PRESS

SPEEDSKATING

Blondin earns gold with narrow victory

Canadian speedskater Ivanie Blondin won gold in the women's mass start event on Sunday at ISU long track World Cup in Harbin, China.

Blondin, of Ottawa, finished first by 15 hundredths of a second over Italy's Francesca Lollobrigida. South Korea's Bo-Reum Kim was third. Quebec City's Beatrice Lamarche, skating in her first World Cup, was 19th.

Blondin's medal was her second of the weekend. She also won bronze in Friday's 3,000 metres.

"I felt really pumped. I knew I had it in me. I just had to come up with the perfect strategy," said Blondin. "The last lap, I actually went a little bit earlier than I would normally have,



Ivanie Blondin
GETTY IMAGES FILE

to surprise the others and have a head start on them.

"I didn't really have a race plan going into it. I was just planning to feel things out.

Knowing that I had good speed like I had in the 1,000 metres, I knew I was capable of beating all the other skaters at the line. I just went for it and ended it pretty well."

In the men's mass start, Toronto's Jordan Belchos was fourth. South Korea's Seung-Hoon Lee won gold.

THE CANADIAN PRESS

NFL

Chiefs rally to win fifth straight game



The Chiefs' Cairo Santos celebrates with teammate James Winchester after kicking a game-winning field goal. STREETER LECKA/GETTY IMAGES

The Kansas City Chiefs keep finding unique ways to win.

Marcus Peters stripped Kelvin Benjamin with 20 seconds left, Cairo Santos kicked a 37-yard field goal as time expired, and the Chiefs overcame a 17-point deficit to top the Carolina Panthers 20-17 on Sunday.

The game was tied when Benjamin caught a 14-yard pass from Cam Newton at his own 34. Peters ripped the ball from his arms and returned it to the Carolina 24.

Santos' fourth field goal of the day split the uprights, lifting the Chiefs (7-2) to their fifth straight victory.

THE ASSOCIATED PRESS

CFL PLAYOFFS

Eskimos boot Ticats out of post-season

Sean Whyte's nine-yard field goal with seven seconds remaining earned the Edmonton Eskimos an exciting 24-21 East Division semifinal win over the Hamilton Tiger-Cats on Sunday.

Whyte's game-winning boot came after Kenny Ladler intercepted Hamilton starter Zach Collaros at the 20-yard line. But Whyte got the chance for his kick because running back John

White recovered his own fumble at the Hamilton 25-yard line for a five-yard loss.

White made up for it with a 23-yard run, putting Edmonton at the Hamilton two-yard line with 34 seconds to play.

White scored TDs on Edmonton's opening two possessions and ran for over 160 yards to counter to the stiff southwest 25-35-km/h Hamilton wind.

EAST SEMIFINAL

24 ESKIMOS **21** TICATS

Edmonton will visit the Ottawa Redblacks in the East Division final next weekend. The winner will represent the con-

ference in the Grey Cup game Nov. 27 in Toronto.

Edmonton (10-8) was fourth in the West but earned the cross-over after posting a better record than third-place Montreal (7-11).

In Vancouver, the B.C. Lions rallied for a 32-31 win over the Winnipeg Blue Bombers in Sunday's West semifinal to set up a West final against the Calgary Stampeders. THE CANADIAN PRESS

IN BRIEF

Hamilton prevails in Brazil, forces showdown for title

Three-time series champion Lewis Hamilton won Sunday's rain-delayed Brazilian Grand Prix in Sao Paulo, forcing a showdown for the season title with Mercedes teammate Nico Rosberg in Abu Dhabi in the finale in two weeks.

Rosberg could have claimed his first F1 title by winning on Sunday, but finished second instead.

THE ASSOCIATED PRESS

Canada crushed by Spain in opener of U20 World Cup

Canada got off to a poor start at the FIFA women's under-20 World Cup, suffering a 5-0 loss against Spain in Group B play on Sunday in Port Moresby, Papua New Guinea.

Canada's next game is Wednesday against Nigeria.

Spain was runner-up to Sweden in European qualifying for the 16-team world championship.

THE CANADIAN PRESS

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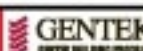


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Mark Scheifele takes a hit from Kings defenceman Drew Doughty. TREVOR HAGAN/THE CANADIAN PRESS

Young stars help Jets topple Kings

NHL

**Laine, Scheifele
lift home team
to shootout win
at MTS Centre**

SUNDAY In Winnipeg

3	2
JETS	KINGS

Adam Lowry enjoyed watching Patrik Laine and Mark Scheifele team up to lift the Winnipeg Jets to another victory on Sunday.

The Jets' scoring duo each found the back of the net in the shootout in a 3-2 win over the Los Angeles Kings, with Scheifele netting the decisive goal against netminder Peter Budaj. Dwight King scored against Jets goalie Connor Hellebuyck in the shootout.

"Patrik's goal really displays the puck skills he has, and then Scheifele's (goal) with his quick release there," said Lowry, who had a goal and an assist in regulation time. "Those are two huge goals and they're always fun to watch."

The rookie Laine, who was leading the NHL in goals with 11 heading into the game, faked a shot on Budaj and then beat him through the pads. Scheifele, who was leading the NHL in points

with 20, slowed down in front of the visiting goalie and then sent a wrist shot by his blocker side.

Kings defenceman Tom Gilbert recorded his first goal of the season to tie the game 2-2 at 12:58 of the third period and send it to overtime.

Adam Lowry and Marko Dano scored in regulation for the Jets, (8-7-2). Tanner Pearson also tallied for the Kings (7-8-1).

"Both teams are coming off tough travel (and) back-to-back games," said Kings coach Darryl Sutter, whose club was playing its fourth game of a five-game road trip. "If you look at the end of it, we didn't give up a 5-on-5 goal. You usually win those games."

THE CANADIAN PRESS

QMJHL

Mooseheads' top line red-hot



Dylan DesRoche
For Metro | Halifax

The Halifax Mooseheads enjoyed a big weekend courtesy of their high-flying first line.

The Mooseheads' No. 1 trio, made up of rookie import Nico Hischier and veterans Max Fortier and Connor Moynihan, scored five of Halifax's seven goals at Scotiabank Centre on Saturday night in a 7-4 win against the Charlottetown Islanders.

The trio has now combined for 91 points in Halifax's first 21 games.

"We know each other well so every game we're getting better and I think you can see it out there," said Hischier, who scored three times, including the game-



Nico Hischier
JEFF HARPER/METRO

winner, and added an assist.

"In the end it's the win that counts and I'm really happy about the win."

The top line, which finished with nine points against Charlottetown, combined for 15 points in Halifax's 9-5 thumping of the Sherbrooke Phoenix

UP NEXT

The Mooseheads (11-10) are back in action Friday when they visit the Moncton Wildcats (8-13).

Friday.

"I think we're just playing well together, we're all on the same page and the results are there," Fortier said of he and his linemates weekend.

Fortier now leads the QMJHL in scoring with 35 points, with Hischier in a tie for second with 34 points.

"We always want to produce for our team for sure it's all fun, but it's also good we've won three games in a row," Fortier said.

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PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

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Cook time: 30
Serves 6

Ingredients

- 1 box (13.25 oz) lasagne sheets, fresh, pre-cooked or cooked
- 2 cups tomato sauce
- 2 cups fresh baby spinach
- 2 cups ricotta cheese
- 1 cup grated Parmesan
- 1/2 to 1 (6 oz) jar artichoke hearts, drained
- 1 egg
- 1/2 tsp salt
- 1 cup grated Fontina cheese, divided
- 1 cup grated mozzarella cheese

Directions

1. Preheat the oven to 350. Ladle thin layer of sauce on bottom of

a 9' x 13' inch baking dish.

2. In food processor, add spinach, ricotta, Parmesan, artichoke, egg and salt and process until you have a creamy mixture.

3. Create a rolling station by laying noodles out on a flat surface (lined with parchment) and mix Fontina and mozzarella in a bowl. Take a heaping Tbsp ricotta mixture and create a thin layer across the entire lasagna noodle. Sprinkle with Fontina and mozzarella mix.

4. Gently roll up noodle from one end to the other. Place roll-up seam side down in the prepared baking dish and repeat until all the lasagna noodles are filled.

Pour more tomato sauce over the tops of the lasagna roll-ups and sprinkle with remaining Fontina and mozzarella mix.

5. Loosely cover the baking dish with aluminum foil, and bake for 15 minutes. Remove foil, bake for another 15 minutes. Garnish with parsley if desired.

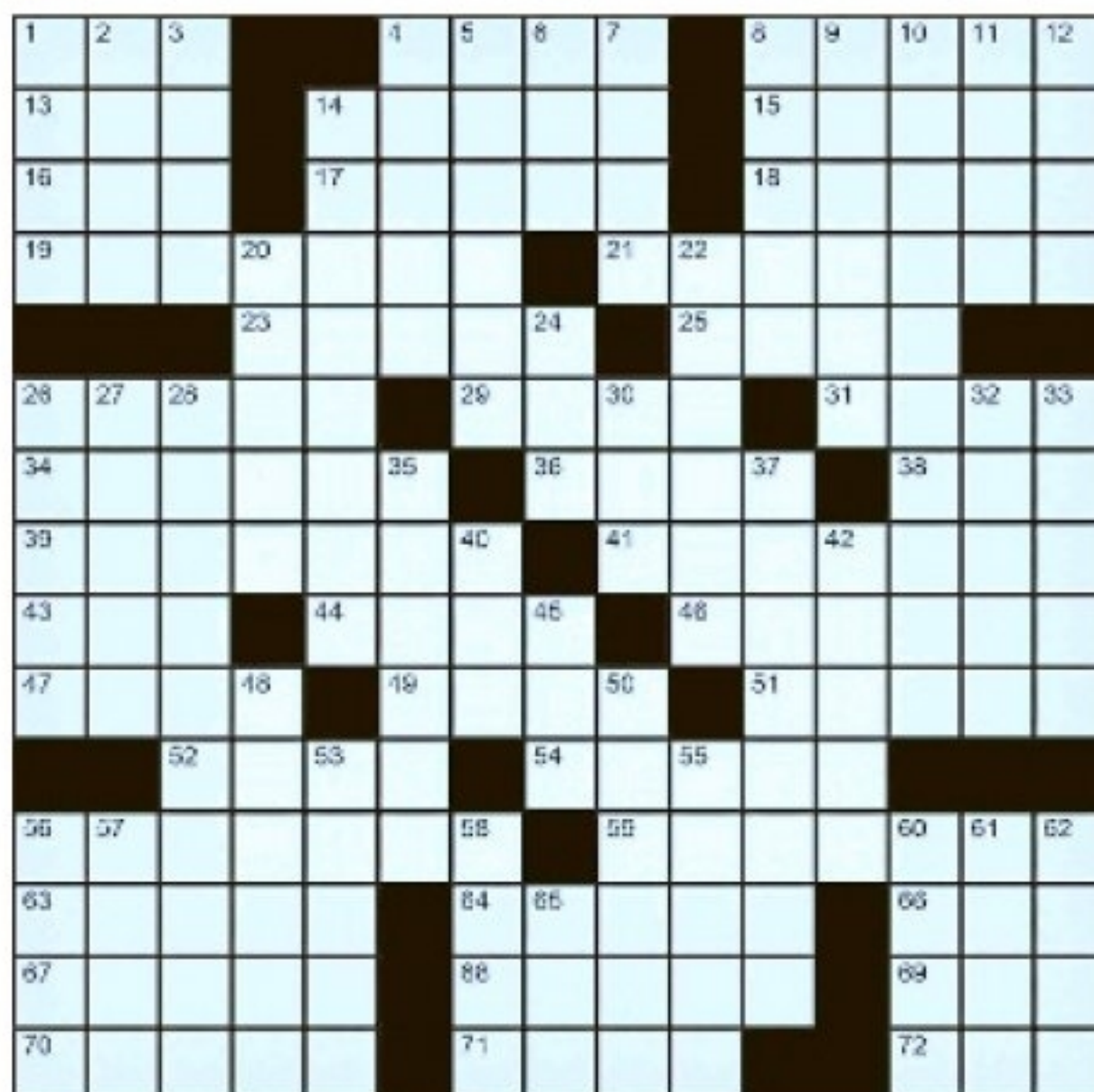
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "Quite delicious!"
4. Filmdom's Cameron
8. Significant
13. Neil Young's "I ___ Child"
14. Mushrooms
15. Valley in Ontario depicted by The Group of Seven
16. CEO's deg.
17. NFL player in Baltimore
18. Grateful Dead's "___ Jones"
19. "If I Needed ___" by The Beatles
21. Milk containers
23. Hagar the Horrible's dog
25. "Walking in Memphis" by Marc ___
26. Sunday's supper
29. Wrongdoing, in law
31. Amongst
34. Bring about
36. Newbie
38. ___ pedestal
39. The entire 12 months: 2 wds.
41. Factory job
43. "Case of the Ex" songstress
44. Ontario: 16 Wing Borden, the "Birthplace of the ___"
46. Rock band, Faith ___
47. Gus Van ___ (Director)
49. Radiohead frontman Mr. Yorke
51. Hoodwinks
52. Ms. Hatcher
54. Beau ___ (Gracious action)
56. Popeye's craving



59. Plucks one's eyebrows
63. Berry from Chile
64. Justin Bieber mentor
66. Sept., ___, Nov....
67. Driving about-face
68. Crucifixes
69. Surprised shout!

DOWN

1. Tuber servings
2. Shield's cen-

- tre knob
3. Polite address for a lady
4. 1958: "Rebel-Rouser" by ___ Eddy
5. Reverse
6. 'Pass' suffix
7. Atomic Number 30
8. Prefix to 'biotic'

- (Type of diet)
9. Mystery writer Ms. Christie
10. American actor who stars on #14-Down (Trivial! He played Khal Drogo on "Game of Thrones"); 2 wds.
11. Mr. Reeves, Outdoor & Garden Ex-

- pert on "The Marilyn Denis Show"
12. Liotta and Romano
14. New original scripted series on Discovery Canada set during the 1700s fur trade of the New World
20. English class assignment
22. TV show like #14-Down, ___/Adventure
24. High society, Bon ___
26. Paper quantities
27. Songbook standard: "It's ___ Paper Moon"
28. East Coast ocean, en français
30. Brit. fliers
32. Arm- ___
33. Comedian Mr. Cook's
35. Exerciser's acid in muscles
37. Icing-on-cakes appliers
40. "Yahoo!"
42. Host an event
45. Lighthouse aura
48. Time on the job
50. Manner
53. Claude of "Casablanca" (1942)
55. Ingrid Bergman, for one
56. Self-satisfied
57. Route
58. John of "The Elephant Man" (1980)
60. Move quickly
61. Canyon feed-back
62. Discontinue
65. Old French coin

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Because of the Full Moon, it's a crazy day with regard to spending money. Spend money on gas or food only. Take it easy. (It's for your own good.)

Taurus April 21 - May 21
Today the only Full Moon in your sign all year is taking place, which is why relations with others might be tough. Don't make any important decisions.

Gemini May 22 - June 21
There's no question that this is a crazy day at work. Chalk it up to the energy of the Full Moon. Easy does it. Postpone important decisions until tomorrow.

Cancer June 22 - July 23
This is a curious day. It's a Full Moon day; however, it's also a creative day, especially for artists. Nevertheless, be patient with your kids.

Leo July 24 - Aug. 23
Some Full Moons are easier than others. This isn't one of them. Be very careful when dealing with family members, as well as bosses, parents and VIPs.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for you because of the Full Moon energy. It just means that you could be distracted because of anger or even laughter. Pay attention.

Libra Sept. 24 - Oct. 23
This is a very poor day to make important decisions about inheritances or how to divide or share something. Postpone this kind of decision until tomorrow.

Scorpio Oct. 24 - Nov. 22
Relations with partners and close friends will be dicey, because today the only Full Moon opposite your sign all year is taking place. This creates stress on your relationships with others. Have patience.

Sagittarius Nov. 23 - Dec. 21
Things are a bit haywire at work today. Just do the bare minimum. Do not make any important decisions and do not volunteer for anything. Tomorrow is a better day.

Capricorn Dec. 22 - Jan. 20
Romantic relationships might be strained today because of the Full Moon's energy. Don't take anything seriously. Be patient, forgiving and affectionate.

Aquarius Jan. 21 - Feb. 19
This is a tough Full Moon for your sign because you are caught between the demands of home and family versus the demands of your job and your reputation.

Pisces Feb. 20 - March 20
Pay attention to everything you say and do today, because the Full Moon energy can make this an accident-prone day. Be alert.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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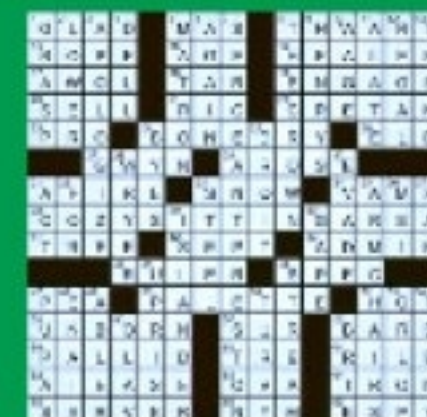


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